

H1N1 Information for Parents
from The Edmonton Catholic School District
(For October Newsletters)

Prevention of H1N1 has been the focus of our schools throughout the month of September, and this focus will continue. All schools have instructional hand washing and cover your cough posters as well as hand sanitizer stations. In addition, we ask parents and guardians to also play a part in keeping your child healthy. Please ensure that your child is well-rested before going to school. A well-rested child is less likely to contract any illness, including the flu. Please encourage your children to wash their hands regularly, particularly after playing.

You will find additional preventative measures in the H1N1 and Flu Season Fact Sheet that you should have received from your child's school in late September. We will make every effort to keep schools open during a pandemic. If schools do close, this information will be on school websites, the District website at www.ecsd.net as well as on Shaw TV on the bottom of the screen. We continue to pray for the health of all students, staff and families in our District and thank you for your continued support.